

# Robert Morris University Emergency Preparedness



CAMPUS EMERGENCY PREPAREDNESS AND OFFICE OF OPERATIONS

## H1N1 Facts and Information

### • What is H1N1 (Swine Flu)?

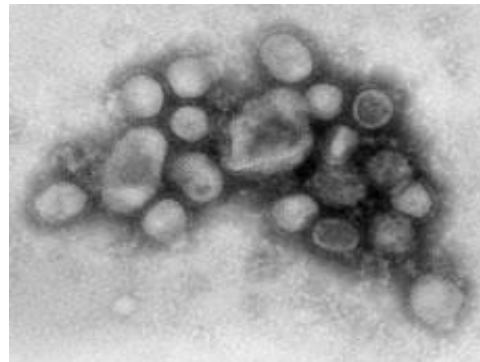
- H1N1 is a novel influenza virus causing illness in people. This virus is spreading from person-to-person.

### • What are the signs and symptoms of the virus?

- Symptoms of the H1N1 flu virus in people are similar to the symptoms of seasonal flu and may include:
  - Fever
  - Cough
  - Sore throat
  - Runny or stuffy nose
  - Body aches
  - Headache
  - Chills
  - Fatigue
  - Diarrhea
  - Vomiting
- Like seasonal flu, severe illness and death has occurred as a result of this virus.

### • How does the flu spread?

Flu viruses spread from person to person through coughing and sneezing. People may become infected by touching something with flu viruses on it and then touching their eyes, mouth or nose.



*The image above is the newly identified H1N1 influenza virus taken in the CDC Influenza Laboratory.*

### • What should I do if I get sick?

- Persons with influenza like illness should be advised to stay home for 7 days after the onset of the illness or at least 24 hours after symptoms have ended.

### • What can I do?

- Wash your hands thoroughly and frequently.
- Cover your cough.
- Get a seasonal flu vaccine, available at many Walgreen's and CVS pharmacies.
- If you have flu like symptoms, inform campus leaders such as:
  - Residence hall RAs
  - Coaches
  - Instructors
  - Student Advisors
  - Supervisors/Managers
- Stay home if you are ill.

*\*Information from Centers for Disease Control and Prevention (CDC) [www.cdc.gov](http://www.cdc.gov)*

## Emergency Notification:

### Reporting an Emergency

- Call **9 911** from any location phone: or
- Pick up any classroom phone to be immediately connected to an operator

Sign up for RM-Alert at:  
[www.robertmorris.edu/emergency/alert](http://www.robertmorris.edu/emergency/alert)

## Emergency Information

In the event of an emergency, the University uses multiple methods of emergency notification to inform the RMU community about the nature of the emergency and how to respond. In the event of a time-sensitive emergency, the primary communication methods are text, voice mail, and e-mail messaging. Please review the [RM-Alert](#) page for further information on this system.

In instances that are less time-sensitive, e-mail blasts and this web page will serve as the primary method of communication. The Chat Live Icon will allow for real time communication with RMU representatives.

## Emergency Procedures

### EVACUATION

1. Evacuate the building using the nearest unblocked exit.
2. Do not use elevators!
3. Follow directives of Robert Morris University staff.

### SEVERE WEATHER CONDITIONS

1. Monitor the weather via radio, television, or the internet.
2. Stay inside and away from windows glass, and unsecured objects.
3. Move to a below-ground level, stairwell, or room with no windows